



Unitarian Universalist Congregational Society of Westborough

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WEEKLY UPDATE

10/05/2017

UPCOMING UUCSW SERVICES

SUNDAY OCTOBER 8th – 10:30 AM

THE COURAGE TO BE. Rev. Bev Waring, Preaching



What does it mean to be a people of courage? Paul Tillich, German-American Christian existentialist philosopher and theologian, defines courage as “a strength of mind, capable of conquering whatever threatens the attainment of the highest good.” Further he says, “courage listens to reason and carries out the intention of the mind.” Join Rev Bev as we explore courage as a theological concept and, using Tillich’s framework, we look at how Unitarian Universalists are a people of courage.

RELIGIOUS EDUCATION UPDATE

Group religious education will meet this Sunday, October 8th. Students will begin the worship service in the **Chapel** this week.

The Religious Education students will be collecting food donations for the Westborough Food Pantry throughout the month of October! Please look for their donation boxes around the church. Donations can also be left in the RE office. Items that the food pantry especially needs include Cake mixes, Brownie mixes, Muffin mixes, Tomato products, Ramen, Canned fruit (no peaches), Personal care products. **Thank you for helping us to support the Westborough Food Pantry!**

(Continued)



We are still in need of teaching volunteers for our Religious Education classes! If you have any interest in joining a teaching team this year, then please email Jenna Kyes, Director of Religious Education, at uucsw.dre@gmail.com. Thank you!



The Youth Group will meet from 5-6pm on Sunday, October 15th in the parlor. All high school students are invited to attend! There will be pizza 😊

UUCSW HAPPENINGS

UUs AT LUNCH - October 11th

We will meet at **Uno's Bar and Grill** on Wednesday, October 11th at 11:30 AM, on Route 9 in Westboro. If you plan to meet with us, please let Mary Tribe marytribe5@gmail.com know by Sunday morning, October 8th, so Mary can make the reservations. All are welcome, and we hope to see you there!

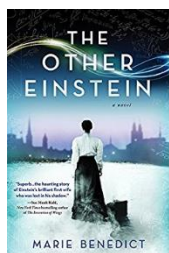


CHILD DEDICATION DURING WORSHIP – next Sunday, October 15th



On Sunday, October 15th, Director of Religious Education, Jenna Kyes and Rev. Bev will be offering a child dedication ritual for UUCSW children of any age. In our Unitarian Universalist faith our child dedication ceremony is designed to welcome the child into the life of the congregation and to offer our lifelong commitment to nurture each and every child as the unique gift that they are. As such it is appropriate for children of any age from newborn to teen year. If you would like to participate in this joyful ritual with your child(ren) please let Rev. Bev know at RevBevW@gmail.com

BOOK GROUP - October 13th



We are reading **The Other Einstein** by *Marie Benedict* for the October meeting. Please join us! The group is open to all. We usually meet in member's homes and enjoy small groups of seven to ten people. We enjoy some light refreshments, lively discussion and wonderful company. You are welcome to attend. If you are planning to attend for the first time, please contact Judith at Juditheacake@gmail.com.

MINDFULNESS MEDITATION COURSE - 5 week course

Mindfulness Meditation Course with CFM Qualified Instructor Carol Esler, M.ed, LMHC **Mondays 7:00 PM - 8:30 PM** starting **October 16th thru Nov. 13th**. This course presents basic practices from Mindfulness Based Stress Reduction. Formal meditation instructions are included as well as informal ways to increase your



engagement with the now. Do you find yourself stressed and distracted in your life? Come learn strategies for being calm and present. Call Carol to reserve your spot (5 Sessions, \$50) —space is limited! 508-435-9294 / 508-577-6247. *Also, this course is set up as a Registration Event in **Realm**. Sign up using Realm!*

UUCSW HAPPENINGS

HABITAT FOR HUMANITY BUILD - October 21st

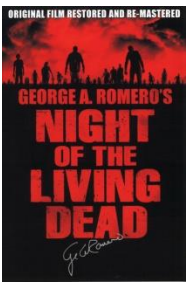
Join us to build bridges as we build housing! We will be building with our neighbors from the Islamic Society of Worcester and hopefully other faith communities. Habitat is refurbishing two houses in Northborough.



It is still too soon to know exactly what we will be doing, but we will be guided by experienced hands. No prior construction experience is required. Two shifts are available - 8-12 and 1-4, with a break for a community lunch. You can do either or both shifts. Feel free to extend this invitation to others, both inside and outside the congregation. This is great fun and good work to do with friends and if you are not friends when you start you will be by the end of your shift. Contact Ed Walsh (walshnboro@gmail.com) for further information.

MOVIE NIGHT - Friday, October 27th

Join Paul & Jim Kirk at their home at 6 PM for a *Cookout* followed by movie under the stars (weather permitting) R.S.V.P. to the Kirk's at jameswkirk@mac.com.



George Romero's classic movie Night of the Living Dead is about far more than zombies. It is about the human condition – the monsters are not simply a mindless, faceless horde, they are former children, parents, friends, neighbors – and the living have difficult choices to make, and are sometimes worse to each other than the un-dead reaching through the boarded up windows. It is a timeless story about the time it was made, 1968, another tumultuous year in American history. It is a movie that poses the question, “who are the monsters?”

STOP & SHOP GIFT CARDS

REMINDER: Pick up your Stop & Shop gift cards from Ken Young before or after services.

For every dollar purchased, the church receives 5%. Whether you personally shop at Stop & Shop or like to contribute gift cards to the monthly offering to benefit the Minister's Discretionary fund (1st Sunday of the month), this is a simple and easy fundraiser for the congregation.



SOCIAL JUSTICE ACTION



STANDING ON THE SIDE OF

LOVE

Remember YOU are the heart and action behind Social Justice in this congregation.

Click the link to make a difference: [Social Justice Action10-08-17](#)

GREETERS/ USHERS

If you cannot support your date and no one can switch with you, please contact Melissa Meehan at melcmeehan@gmail.com.

greeters

DATE	Front Door (Head Greeters)	Side Door (Ruggles Street)
10/8	Sharon and Kevin Barrett	Tina Runyan
10/15	Tracy Spadafora and John Winsch	Andy Bartlett
10/22	Erin and Ed Boudreaux	TBD
10/29	Diana and Steve Beck	Susie Wells

Names in red have not acknowledged the Sunday assigned to date.

REGIONAL HAPPENINGS



1st ANNUAL PUMPKIN WALL - Saturday, October 28th
New Westborough Tradition! Join the Westborough Garden Club in the fun and bring your best carved pumpkin and candle (battery operated) to the Wall at Bay State Commons. Drop off your pumpkin between 4:00 PM and 6:00 PM. The display will be open to the public from 7:00 PM to 9:00 PM. Pumpkin pickup is until 9:30 PM.

UPCOMING EVENTS & MEETINGS

Wednesday October 11th, 11:30 AM – UUs at Lunch
Friday October 13th, 7:00 PM – Book Group
Sunday October 15th, 10:30 AM – Child Dedication (during worship)
Sunday October 15th, 5:00 PM – Youth Group
Monday October 16th, 7:00 PM – Mindfulness Meditation course
Tuesday October 17th, – UU Knit Night
Saturday October 21st, – Habitat for Humanity Build
Monday October 23rd, 7:00 PM – Mindfulness Meditation course
Tuesday October 24th, – Program Committee Meeting
Friday October 27th, – Movie Night
Monday October 30th, 7:00 PM – Mindfulness Meditation course
Wednesday November 1st, 6:30 PM – Board Meeting