



Unitarian Universalist Congregational Society of Westborough

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WEEKLY UPDATE

10/12/2017

UPCOMING UUCSW SERVICES

SUNDAY OCTOBER 15th – 10:30 AM

ORDINARY COURAGE. Rev. Bev Waring, Preaching



According to author Brene Brown, “We typically associate courage with heroic and brave deeds. But in my opinion, this definition fails to recognize the inner strength and level of commitment required for us to actually speak honestly and openly about who we are and about our experiences -- good and bad. Speaking from our hearts is what I think of as “ordinary courage.” Join us Sunday as we continue exploring this month’s worship theme, courage, and answer the question, “what does it mean to be a people of courage?”

This service will include a child dedication during the Time for All Ages – we have at least 11 children of various ages who have not yet been part of a Unitarian Universalist Child Dedication ceremony so this is a very exciting and special day to be in the pews, for sure. Parents – it is not too late to have your child join us – if you would like to have them participate please email Rev. Bev at RevBevW@gmail.com before noon on Friday.

RELIGIOUS EDUCATION UPDATE

Religious education classes will meet this Sunday, October 15th. Students will begin the worship service in the **Sanctuary** this week, and leave for their classes following the **Child Dedication Ceremony**.

(Continued)

RELIGIOUS EDUCATION UPDATE (continued)

The Religious Education students will be collecting food donations for the Westborough Food Pantry throughout the month of October!

Please look for their donation boxes around the church. Donations can also be left in the RE office. Items that the food pantry especially needs include Cake mixes, Brownie mixes, Muffin mixes, Tomato products, Ramen, Canned fruit (no peaches), Personal care products. **Thank you for helping us to support the Westborough Food Pantry!**



We are still in need of teaching volunteers for our Religious Education classes! If you have any interest in joining a teaching team this year, then please email Jenna Kyes, Director of Religious Education, at uucsw.dre@gmail.com. Thank you!



The Youth Group will meet from 12-1PM on Sunday, October 15th. All high school students are invited to attend! There will be pizza 😊

UUCSW HAPPENINGS

MINDFULNESS MEDITATION COURSE - 5 week course

Mindfulness Meditation Course with CFM Qualified Instructor Carol Esler, M.ed, LMHC **Mondays 7:00 PM - 8:30 PM** starting **October 16th thru Nov. 13th**. This course presents basic practices from Mindfulness Based Stress Reduction. Formal meditation instructions are included as well as informal ways to increase your engagement with the now. Do you find yourself stressed and distracted in your life? Come learn strategies for being calm and present. Call Carol to reserve your spot (5 Sessions, \$50) —space is limited! 508-435-9294 / 508-577-6247. *Also, this course is set up as a Registration Event in **Realm**. Try Sign up using Realm!*



HABITAT FOR HUMANITY : Oct. 21, 2017 - **HAVE YOU SIGNED UP?**



It is time to mark your calendar and let Ed Walsh (walshnboro@gmail.com) know if are able to attend. Habitat is refurbishing two houses in Northborough. It is still too soon to know exactly what we will be doing, but we will be guided by experienced hands. No prior construction experience is required. Two shifts are available - 8-12 and 1-4, with a break for a community lunch. You can do either or both shifts. Feel free to extend this invitation to others, both inside and outside the congregation. This is great fun and good work to do with friends and if you are not friends when you start you will be by the end of your shift.

STOP & SHOP GIFT CARDS

REMINDER: Pick up your Stop & Shop gift cards from Ken Young before or after services.

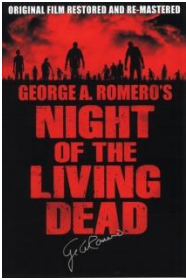
For every dollar purchased, the church receives 5%. Whether you personally shop at Stop & Shop or like to contribute gift cards to the monthly offering to benefit the Minister's Discretionary fund (1st Sunday of the month), this is a simple and easy fundraiser for the congregation.



UUCSW HAPPENINGS

MOVIE NIGHT - Friday, October 27th

Join Paul & Jim Kirk at their home at 6 PM for a *Cookout* followed by movie under the stars (weather permitting) R.S.V.P. to the Kirk's at jameswkirk@mac.com.



George Romero's classic movie Night of the Living Dead is about far more than zombies. It is about the human condition – the monsters are not simply a mindless, faceless horde, they are former children, parents, friends, neighbors – and the living have difficult choices to make, and are sometimes worse to each other than the un-dead reaching through the boarded up windows. It is a timeless story about the time it was made, 1968, another tumultuous year in American history. It is a movie that poses the question, “who are the monsters?”

SOCIAL JUSTICE ACTION



STANDING ON THE SIDE OF
LOVE

Remember YOU are the heart and action behind Social Justice in this congregation.

Click the link to make a difference: [Social Justice Action 10-12-17](#)

A Social Justice Survey is coming this Sunday, October 15th. The very small Committee that works to keep issues before you, wants to know what you do and what you care about with regard to Social Justice. Please fill out this short survey when it comes to you. We will be getting your input on that day, and also sending the survey via email.

GREETERS/ USHERS

If you cannot support your date and no one can switch with you, please contact Melissa Meehan at melcmeehan@gmail.com.

greeters

DATE	Front Door (Head Greeters)	Side Door (Ruggles Street)
10/15	Tracy Spadafora and John Winsch	Andy Bartlett
10/22	Erin and Ed Boudreaux	TBD
10/29	Diana and Steve Beck	Susie Wells

Names in red have not acknowledged the Sunday assigned to date.

REGIONAL HAPPENINGS



1st ANNUAL PUMPKIN WALL - Saturday, October 28th
New Westborough Tradition! Join the Westborough Garden Club in the fun and bring your best carved pumpkin and candle (battery operated) to the Wall at Bay State Commons. Drop off your pumpkin between 4:00 PM and 6:00 PM. The display will be open to the public from 7:00 PM to 9:00 PM. Pumpkin pickup is until 9:30 PM.

UPCOMING EVENTS & MEETINGS

- Friday October 13th, 7:00 PM – Book Group
- Sunday October 15th, 10:30 AM – Child Dedication (during worship)
- Sunday October 15th, 12:00 PM – Youth Group

Monday October 16th, 7:00 PM – Mindfulness Meditation course

Tuesday October 17th, – UU Knit Night

Saturday October 21st, – Habitat for Humanity Build

Monday October 23rd, 7:00 PM – Mindfulness Meditation course

Tuesday October 24th, – Program Committee Meeting

Friday October 27th, – Movie Night

Monday October 30th, 7:00 PM – Mindfulness Meditation course

Monday November 6th, 7:00 PM – Mindfulness Meditation course

Wednesday November 8th, 6:30 PM – Board Meeting