



## Unitarian Universalist Congregational Society of Westborough

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### WEEKLY UPDATE

10/19/2017

### UPCOMING UUCSW SERVICES

***SUNDAY OCTOBER 22<sup>nd</sup> – 10:30 AM***



***COURAGE FOR OUR TIME. Rev. Bev Waring, Preaching***

We are living in difficult times my friends and we all need strategies to maintain hope. This Sunday join us as Rev. Bev explores what it means to be an ally in these troubling social times.

### ***RELIGIOUS EDUCATION UPDATE***

**Religious education classes will meet this Sunday, October 22<sup>nd</sup>.** Students will begin the worship service in the **Sanctuary** this week, and they will leave for their classes following the Time for All Ages.

**The Religious Education students will be collecting food donations for the Westborough Food Pantry throughout the month of October!**

Please look for their donation boxes around the church. Donations can also be left in the RE office. Items that the food pantry especially needs include Cake mixes, Brownie mixes, Muffin mixes, Tomato products, Ramen, Canned fruit (no peaches), Personal care products. **Thank you for helping us to support the Westborough Food Pantry!**



**We are still in need of teaching volunteers for our Religious Education classes!** If you have any interest in joining a teaching team this year, then please email Jenna Kyes, Director of Religious Education, at [uucsw.dre@gmail.com](mailto:uucsw.dre@gmail.com). Thank you!

## UUCSW HAPPENINGS

### HABITAT FOR HUMANITY: Oct. 21, 2017 - HAVE YOU SIGNED UP?



### **IT IS NOT TOO LATE!**

There is still space for you....contact let Ed Walsh ([walshnboro@gmail.com](mailto:walshnboro@gmail.com)) if are able to attend. Habitat is refurbishing two houses in Northborough. No prior construction experience is required. Two shifts are available - 8-12 and 1-4, with a break for a community lunch. You can do either or both shifts. This is great fun and good work to do with friends and if you are not friends when you start you will be by the end of your shift.

### **WE EXTEND A WARM WELCOME TO ALL NEWCOMERS!**



As you explore the Unitarian Universalist (UU) faith and our congregation, we invite you to attend "*The New UU*" program. This wonderful "Tapestry of Faith" program is an opportunity to learn more about who we are and what we believe. This is a great way to connect with other newcomers as well as long-time members.

Each 45 minute workshop explores a single topic (Feel free to attend one or all of them)

- Oct. 22nd - *How We Grow in Faith: Philosophy of Religious Education*
- Nov. 5th - *Social Justice Philosophy and Practice*
- Nov. 19th - *How Are Decisions Made?*
- Dec. 3rd - *Membership*

All workshops begin after the service at 11:45 AM. Grab a coffee and snack and join us in the parlor. There is no charge. Childcare will be provided as needed. Questions? Call Sharon Barrett at (508) 241-9353 or email [sharonkeyesbarrett@gmail.com](mailto:sharonkeyesbarrett@gmail.com) RSVPs are appreciated, but drop-ins are welcome!

### **MINDFULNESS MEDITATION COURSE**



Mindfulness Meditation Course with CFM Qualified Instructor Carol Esler, M.ed, LMHC **Mondays 7:00 PM - 8:30 PM thru Nov. 13<sup>th</sup>**. This course presents basic practices from Mindfulness Based Stress Reduction. Formal meditation instructions are included as well as informal ways to increase your engagement with the now.

Do you find yourself stressed and distracted in your life? Come learn strategies for being calm and present. Call Carol to reserve your spot (5 Sessions, \$50) —space is limited! 508-435-9294 / 508-577-6247. *Also, this course is set up as a Registration Event in **Realm**. Try Sign up using Realm!*

### **STOP & SHOP GIFT CARDS**

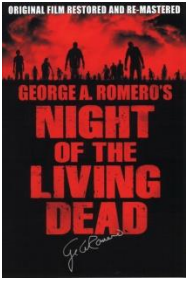
**REMINDER:** Pick up your Stop & Shop gift cards from Ken Young before or after services. **For every dollar purchased, the church receives 5%.** Whether you personally shop at Stop & Shop or like to contribute gift cards to the monthly offering to benefit the Minister's Discretionary fund (1st Sunday of the month), this is a simple and easy fundraiser for the congregation.



## UUCSW HAPPENINGS

### **MOVIE NIGHT - Friday, October 27<sup>th</sup>**

Join Paul & Jim Kirk at their home at 6 PM for a *Cookout* followed by movie under the stars (weather permitting) R.S.V.P. to the Kirk's at [jameswkirk@mac.com](mailto:jameswkirk@mac.com).



George Romero's classic movie Night of the Living Dead is about far more than zombies. It is about the human condition – the monsters are not simply a mindless, faceless horde, they are former children, parents, friends, neighbors – and the living have difficult choices to make, and are sometimes worse to each other than the un-dead reaching through the boarded up windows. It is a timeless story about the time it was made, 1968, another tumultuous year in American history. It is a movie that poses the question, “who are the monsters?”

### **SOCIAL JUSTICE ACTION**



STANDING ON THE SIDE OF  
**LOVE**

Remember YOU are the heart and action behind Social Justice in this congregation.

Click the link to make a difference: [Social Justice Action 10/22/17](#)

### **GREETERS/ USHERS**

If you cannot support your date and no one can switch with you, please contact Melissa Meehan at [melcmeehan@gmail.com](mailto:melcmeehan@gmail.com).

*greeters*

DATE	Front Door (Head Greeters)	Side Door (Ruggles Street)
10/22	Erin and Ed Boudreaux	TBD
10/29	Diana and Steve Beck	<i>Susie Wells</i>

Names in red have not acknowledged the Sunday assigned to date.

## REGIONAL HAPPENINGS

### **4<sup>th</sup> ANNUAL STORY SLAM** (Like NPR's "The Moth")

**When:** Saturday, November 4<sup>th</sup>, 7:00 - 9:00 PM

**Where:** First Church Unitarian, 19 Foster St., Littleton

**Tickets:** <https://2017storyslam.eventbrite.com>



Enjoy food, fun, and fellowship while supporting UU Mass Action and our shared social justice work!

#### **Story Tellers:**

Rev. Lynda Sutherland (First Parish, Northboro)  
Rev. Ellen Rowse Spero (First Unitarian Chelmsford)  
Sam Wilson (Director of Youth Ministries, Winchester)  
Rev Jo Van Rue Minister-in-Residence, Concord)  
Rev. Steve Edington (First Church Unitarian, Littleton)  
Rev Nathan Detering (UU Area Church Sherborn)

Emcee: Rev. Robin Bartlett, Senior Pastor, First Church in Sterling



(Continued)

## REGIONAL HAPPENINGS



***1<sup>st</sup> ANNUAL PUMPKIN WALL*** - Saturday, October 28<sup>th</sup>  
**New Westborough Tradition!** Join the Westborough Garden Club in the fun and bring your best carved pumpkin and candle (battery operated) to the Wall at Bay State Commons. Drop off your pumpkin between 4:00 PM and 6:00 PM. The display will be open to the public from 7:00 PM to 9:00 PM. Pumpkin pickup is until 9:30 PM.

## UPCOMING EVENTS & MEETINGS

**Saturday October 21<sup>st</sup>**, – Habitat for Humanity Build

**Monday October 23<sup>rd</sup>, 7:00 PM** – Mindfulness Meditation course

**Tuesday October 24<sup>th</sup>**, – Program Committee meeting

**Friday October 27<sup>th</sup>**, – Movie Night

**Monday October 30<sup>th</sup>, 7:00 PM** – Mindfulness Meditation course

**Monday November 6<sup>th</sup>, 7:00 PM** – Mindfulness Meditation course

**Tuesday November 7<sup>th</sup>**, – UU Knit Night

**Wednesday November 8<sup>th</sup>, 6:30 PM** – Board meeting

**Sunday November 12<sup>th</sup>, 12:00 PM** – Social Justice meeting